

Setting instructions for Seiko H556 & H558 movement.



Notes on different timezones. This watch has three different timezones:

- Analog time.
- Digital time.
- Second digital time, also called local-time, displayed with "-L" in the right corner of the display.

These three time(zones) work independently.

The Seconds in the Digital time display (not the "local" time) can be synchronized with the analog second hand.

The alarm and hourly chime always refer to the digital time.

Set analog time.

- Pull crown to position 3, the secondhand stops.
- Set the hands to the correct time by turning the crown in direction X.
- Push the crown back to position (1) to start the analog part of the watch again.

Set digital time.

- Push button B until the time is on the display.
- Pull crown to position 2.
- Turn the crown in direction X to increment time, turn faster to make bigger steps.
- Turn the crown in direction Y to decrement time, turn faster to make bigger steps.

- Push button B to reset the seconds, if seconds are <29 the seconds go to zero and the minutes do not change, if the seconds are >29 the seconds goto zero and the minutes are incremented by one.
- Push crown to position 1 when digital time is correct.

Synchronize seconds between digital time and analog time.

- Press button B until the digital time is displayed.
- Stop the analog second hand when it reaches "12" by pulling the stem out to position three.
- Press button B and the digital time seconds will begin to flash.
- Press the crown back to position 1 (all the way in). The digital seconds will reset to zero and track with the analog second hand.

Set day and date.

- Push button B until the day and date are on the display.
- Pull crown to position 2.
- Turn the crown in direction Y to change the day.
- Turn the crown in direction X to change the date, now the month and date are shown.
- Turn crown in direction X to set the month and date.
- Push crown to position 1 when day and date are correct.

Set local digital time.

- Push button B until the local time is on the display. (-L on display)
- Pull crown to position 2.
- Turn the crown in direction X to increment time, turn faster to maker bigger steps.
- Turn the crown in direction Y to decrement time, turn faster to maker bigger steps.
- Push crown to position 1 when local time is correct.


Changeover between 12-Hour and 24-Hour indication.

- Push button B until the time is on the display.
- Pull crown to position 2 and after 1 second back to position 1 again. Just repeat this action to switch over again.

Set alarm time.


- Push button B until the alarm time is on the display. (AL on display)
- Pull crown to position 2.
- Turn the crown in direction X to increment time, turn faster to maker bigger steps.
- Turn the crown in direction Y to decrement time, turn faster to maker bigger steps.

- Push crown to position 1 when alarm time is correct.

When the alarmtime is set the alarm function turns on automatically.  (See table below)

Switch alarm and hourly chime on/off.

- Push button B until the alarm time is on the display, AL in the right corner of display.
- Pull crown to position 2 and after 1 second push it back to position 1 again. Repeat this action until desired function is set, see table below.

	Alarm	Hourly chime
Off	Off	Off
On	On	Off
Blinking	On	On

Stopwatch.

- Push button B until the stopwatch is on the display
- Push button A to start and stop timing.
- Hold button A pressed for a second to reset the stopwatch.

Stopwatch keeps running when changing to a different mode.

Light.

- Push button A to illuminate the digital display. Does not work in stopwatch mode.

Alarm test.

- Push buttons A and B simultaneously to sound the alarm.



Made by [Roland Kamp, september 2003.](#)